



Kingswear Primary School

Wellbeing Statement of Commitment

Kingswear Primary School places the wellbeing of our pupils, staff and wider school community at the heart of our policies and practice. We are committed to the achievement of the Wellbeing Award in Schools and we pledge to:

- Ensure that our curriculum teaches children about maintaining mental health and wellbeing and gives strategies to support this.
- Embed relational policy and practice at the school so that children feel safe, secure and understood.
- Develop support plans and interventions which support social, emotional and mental health and wellbeing.
- Seek the views of our wider school community and share information about wellbeing with them.
- Collaborate and share good practice with other schools.
- Support school staff to maintain their own wellbeing with an effective work/life balance.
- Provide CPD which gives staff the skills and knowledge to teach wellbeing in practice.
- Integrate our work on wellbeing with our ethos as a Rights Respecting School: children feel their opinion is heard (UNCRC article 12) and that they are able to enjoy the best possible health (UNCRC article 24).